

D-1 Study Guide-ANSWERS

HORSE MANAGEMENT EXPECTATIONS

The candidate is a beginning-level horse manager, willing to learn the simple routine necessary for safe handling of quiet, well trained horses. His or her knowledge will vary widely depending on age, educational level, and experience.

TURNOUT/TACK

- Refer to Standards of Proficiency for detail on attire for certifications.
- Groom mount and pick out hooves with assistance if needed.

Step-by-step description for grooming: D Manual pg. 182-186

- Pick out feet with hoof pick
 Mane and tail carefully picked free of tangles. Use body brush to clean the skin
 - and roots of the hair.
- 2. Use curry comb to rub skin in circles starting at neck to loosen caked on mud or dirt
- 7. Stable rubber or towel used to bring out the shine of the coat.
- 3. Starting at neck brush coat with dandy brush which takes away the larger bits of dirt loosened by curry comb.
- 8. Damp sponge or disposable wipe to clean around the eyes, nostrils, and muzzle.
- 4. Starting at neck brush coat with body brush which cleans away dirt, dust, and scurf from the skin.
- 9. Manure stains, remove with a damp towel, or shampoo.
- 5. A soft brush or finishing brush could be used next to remove dust.



10. Hoof dressing can be applied around the coronet and across the heels of the feet.

• Tack up and untack mount, with assistance.

Describe the steps you do to tack up your horse: D Manual 162-164

- 1. Saddle pad goes on first, in front of the withers and then slide it back to smooth out the hair.
- 2. Put the saddle gently on the saddle pad, the saddle should sit in the "hollow" behind the pony's withers.
- 3. From the pony's right side (off side) and fasten the saddle pad so it doesn't slip backwards.
- 4. Still on the right side now buckle the girth.
- 5. Now go back to the left side (near side) and fasten the saddle pad and girth. Girth should be snug enough to keep saddle from slipping but not tight yet. You tighten the girth again, right before mounting.

Describe the steps to untack your horse: D Manual 170-171

- 1. Unbuckle the girth from the left side then go around and unbuckle the girth from the right side
- 2. Put the girth over the seat of the saddle
- 3. Put your hand under the saddle, pad and all, and lift it up and off the horse
- 4. Hang the wet saddle pad to dry and put saddle on rack
- 5. Clean your girth and saddle as soon as possible

CONDITIONING

• Give 1 reason for cooling out mount after exercise. **D Manual 170**

Describe how you might cool out your mount after you ride:

- 1. At the end of your ride, walk your pony around to let him relax and cool out.
- 2. After you dismount, run up your stirrups if in an English saddle.
- **3.** Next, loosen the girth one or two holes so your pony can be comfortable.

NUTRITION

• Demonstrate how to feed a treat to a pony. D Manual 202

Explain how to feed a treat safely:

- 1. With palm and fingers all flat, place the treat in the middle of the palm of your hand and put it right below the muzzle of the pony. Allow the pony to use his lips to grab the treat, make sure your fingers stay flat and away from pony's mouth.
- Give 1 example of a succulent. D Manual 201

Name a few succulents that horses like to eat:

- 1. carrots and apples
- 2. grass
- Discuss why and how often water should be available. D Manual 201

Explain why horses/ponies need water available all times?

- 1. To keep them healthy
- 2. Helps them to digest their food

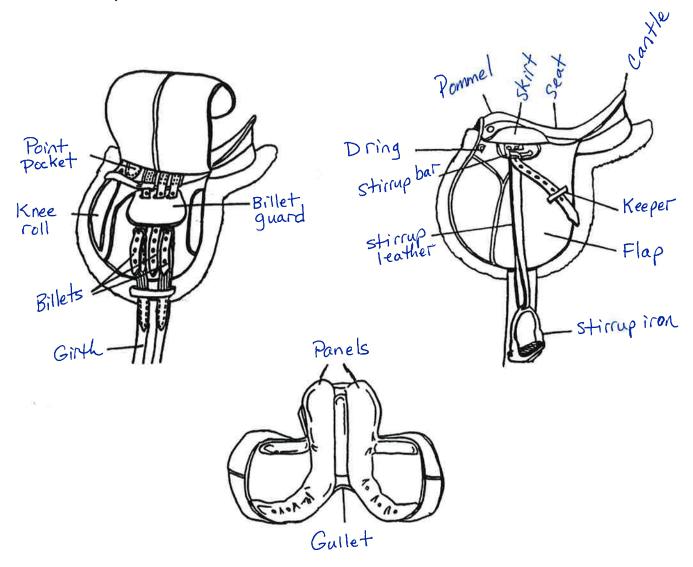
STABLE MANAGEMENT

Know 2 reasons for cleaning tack. D Manual 268-269

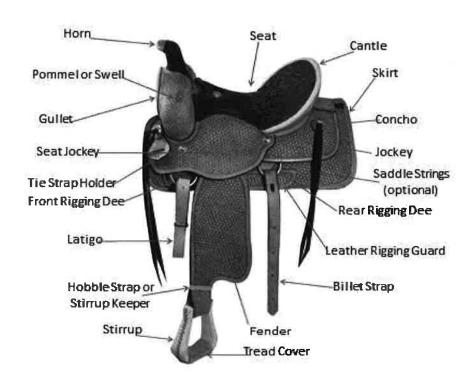
Why should you clean your tack?

- 1. Clean off sweat and dirt as this builds ups quickly and causes leather to be rough on pony's skin.
- 2. Check for worn or cracked leather, may need repair
- 3. Condition the tack so it lasts longer and is supple and comfortable on the horse
- 4. Looks nice for lessons and show!

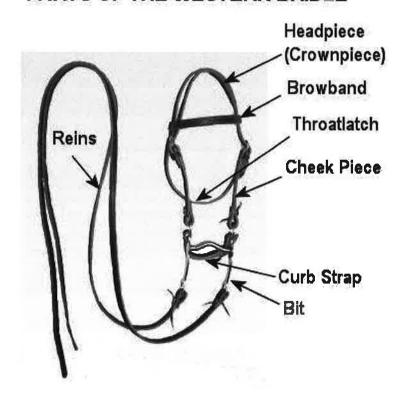
Name 6 saddle parts and 4 bridle parts.
 Write the parts of the saddles below:



Western Tack - Answer Key

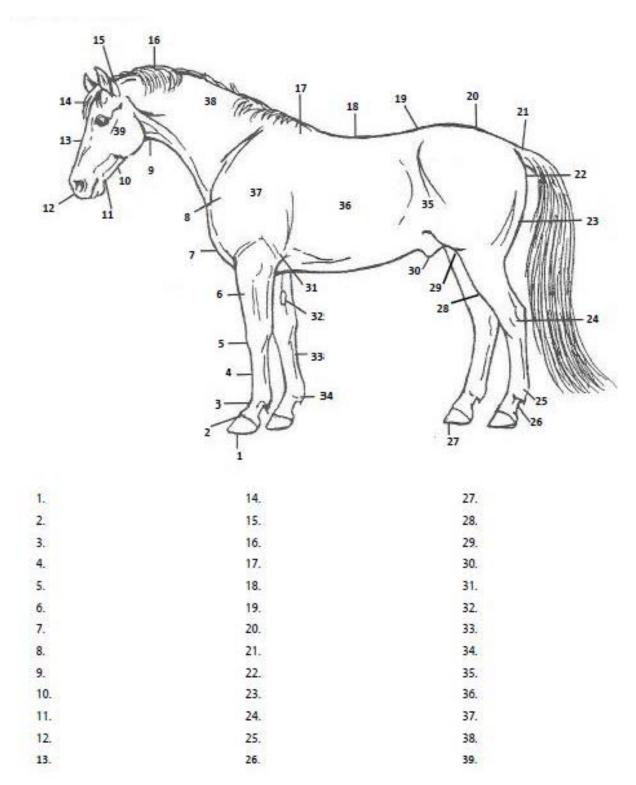


PARTS OF THE WESTERN BRIDLE



BREEDS, PONY PARTS, COLORS

Name any 10 parts of the mount (such as mane, tail, leg, eye, etc.). D Manual 246



How many parts can you name?

Know color and breed of own mount. What is the breed of your horse?								
What color is your horse?								
TRAVEL SAFETY								
 Know basic rules of safe riding in a group, in an enclosed area. D Manual 127-128 What are some of the rules you need to follow when there are others riding in the arena with you? 								
1. Pay attention to your pony and keep him under control								
2. Keep at least one pony length from any other pony, don't crowd up close behind								
3. If you need to fix something move to the center of the ring, don't stop on the rail to fix it								
RECORD BOOK								
Bring a completed USPC stall card for own mount and explain why it is important.								
D Manual 196-197								
What information needs to be on a stall card and why? 1. Pony's name, age, and description								
2. Riders name and contact information								
3. Pony's temperature, pulse and respiration at rest								

4. Emergency contact information

Fill out a stall card for your horse on the next page:

Club or Center/Region_ Rider Name(s)	Mount's Name: Age: Sex: Height: Resp. Vital Signs at Rest: Temp. Pulse Resp. Allergies: Allergies:
The following information is required so these individuals can be contacted when not on rally grounds. Provide emergency contact information with area codes. Chaperone:	Allergies:
Adult Emergency Contact: Home phone number () Cell phone number ()	Picture or Physical Description of Mount
Veterinarian: Phone number () Farrier: Phone number ()	

HEALTH CARE & VETERINARY KNOWLEDGE

•	Discuss	what a	veterinarian	is D	Manual	222-2	25
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How does a veterinarian help a horse or pony stay healthy?

An equine veterinarian is an animal doctor. They should see your pony once or twice a year for annual vaccinations and to make sure the pony is healthy. They can give good advice on feeding and worming program and also check the pony's teeth to keep your pony happy.

• Give 1 reason a veterinarian might need to provide care for your mount.

Can you name your veterinarian you use for your mount?

LAND CONSERVATION

• Verbally list 2 different places in your area where horse activities take place. Include where you have your Pony Club mounted meetings.

List places you know where there are horse activities in your area (Pony Club meetings, Rodeos, Racing, Trail riding)

- 1.
- 2.
- 3.
- 4.

LEADING & LONGEING

- Approach mount safely, put on halter. D Manual 145-155
- Demonstrate walk-halt-walk transitions and turning in the correct direction.

What side of the horse should you be on when leading?

Left or near side of the horse

Where should your hands be?

Left hand holding the excess lead rope (looped not coiled around hand) and right hand a few inches below the leadrope buckle

How should you hold the lead rope?

Either thumbs up or down on the lead rope, see picture on page 152 of D Manual

How do you turn your horse?

Turn into the shoulder/neck of the horse with the horse making a very small turn and you on the outside. Never turn the horse into you. See picture on page 153 of D Manual

FOOT & SHOEING

- Give 1 reason to pick out hooves. D Manual 214-216
- 1. clean out the hoof to keep feet healthy
- 2. pick out any stones or debris in the hoof
- 3. check pony's shoes if they wear them
- Tell whether your mount wears shoes or not.

SAFETY

Name 3 pieces of clothing or equipment that you should wear for your safety when you ride.
 D Manual 298-303

Name some safe clothing:

- 1. good solid boots with a heel
- 2. breeches or jodhpurs for English or jeans for western riding
- 3. gloves and a shirt with sleeves to protect your arms and hands

Name some safe equipment:

- 1. Certified helmet, astm/SEI approved
- 2. Vest for jumping
- 3. Gloves

TEACHING

Name 1 instructor where you ride.

EQUINE SPORTS

Name 2 disciplines listed on the USPC website. www.ponyclub.org

What other USPC disciplines would you like to try or learn more about?

Eventing, dressage, hunter seat equitation, western, show jumping, games, tetrathlon, polocrosse, horse management, polo, vaulting, distance riding, fox hunting, gymkhana, quiz